



## Northern Shenandoah Pregnancy and Baby Supplies Resources

Service	Name	Contact/Hours	Details
<b>Crisis Pregnancy Hotline</b>	<a href="#">Project Cuddle</a>	(888) 628-5535 Text: (714) 448-8323 <a href="#">Email</a>  Available 24 hours a day, seven days a week	<ul style="list-style-type: none"> <li>• Confidential and non-judgmental support and information</li> <li>• Referrals for help with supplies, healthcare, and other needs</li> </ul>
<b>Government Services</b>	Health Department	<p>Warren County 465 W. 15<sup>th</sup> St Suite 200 Front Royal, VA (540) 635-3159</p> <p>Frederick/Winchester 10 Baker St Winchester, VA (540) 722-3470</p> <p>Clarke County 100 N Buckmarsh St Berryville, VA (540) 955-1033</p> <p>Shenandoah County 494 N Main St. Suite 100 Woodstock, VA (540) 459-3733</p> <p>Page County 75 Court Ln. Luray, VA (540) 743-6528</p> <p>Hours: 8 am – 4:30 pm</p>	<p>Apply for WIC or Baby Care</p> <p><u>WIC Eligibility:</u></p> <ul style="list-style-type: none"> <li>• Pregnant, breastfeeding, or a caregiver of a child under age 5</li> <li>• Low to medium income or enrolled in other programs such as foster care, medical assistance, or SNAP</li> </ul> <p>WIC provides a monthly allowance to purchase nutritious food for the mother and child (including baby food and formula), breastfeeding support, health and immunization screenings, and referrals for additional services. Check for WIC eligibility <a href="#">here</a>.</p> <p><u>Baby Care</u> is a program for pregnant women and infants up to the age of 2.</p>
<b>After Birth Care</b>	<a href="#">Healthy Families</a>	301 N Cameron St Suite 101 Winchester, VA (540) 536-4113 <a href="#">Email</a>	<ul style="list-style-type: none"> <li>• Parenting resources</li> <li>• New baby care package</li> <li>• Home visits</li> <li>• Cribs</li> </ul>
<b>Baby Supplies</b>	<a href="#">A Small Hand</a> Edinburg Christian Church	210 Center St Edinburg, VA <a href="#">Email</a>  Hours: First two Thursdays every month 9am-1am & 5pm-7pm	<ul style="list-style-type: none"> <li>• Diapers and wipes</li> <li>• As available: clothes, food, formula, hygiene items</li> </ul> <p>*For Shenandoah County children, age newborn to 3 years old, who are currently enrolled in WIC.</p>

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Baby Supplies	<a href="#">C-CAP</a>	112 S Kent St. Winchester, VA (540) 662-4318	<ul style="list-style-type: none"> <li>• Clothing and shoes</li> <li>• Diapers</li> <li>• Children’s books</li> <li>• Breast pumps</li> <li>• Linens and blankets</li> </ul> <p><b>New clients must provide:</b></p> <ul style="list-style-type: none"> <li>▪ Proof of residency (lease, rent receipt, or utility bill)</li> <li>▪ Photo ID</li> <li>▪ Proof of income (pay stub)</li> <li>▪ Children’s birth certificates</li> </ul> <p>Homeless recipients may receive exemptions for requirements.</p>
Breast Pump Supplies	<a href="#">Insurance Covered Breast Pumps</a>	(888) 510-5100	Breast pumps shipped to your home, covered by insurance. Accepts a wide variety of insurance plans.
Child Safety Seat	<a href="#">Virginia Department of Health Safety Seat Distribution and Education Program</a>	<p>To apply and schedule a training appointment:</p> <p>Clarke County (540) 955-1033</p> <p>Frederick County/ Winchester (540) 722-3470</p> <p>Page County (540) 743-6528</p> <p>Shenandoah County (540) 459-3733</p> <p>Warren County (540) 635-3159</p>	<p>To qualify for a free child safety seat or booster, applicants must be:</p> <ul style="list-style-type: none"> <li>• Eligible for WIC, Medicaid or FAMIS</li> <li>• A resident of Virginia</li> <li>• A custodial parent, legal guardian, or foster parent of a child who is 7 years old or younger or is in the last trimester of pregnancy</li> </ul> <p>Must attend a safety seat installation and use class in its entirety and sign a waiver of liability release form.</p>
Family Assistance	<a href="#">Page One</a>	<p>35 N Bank St Luray, VA (540) 743-4863 <a href="#">Email</a></p> <p>Hours: Mon, Tues, Thurs, 8:30 am - 11:30 am</p>	<ul style="list-style-type: none"> <li>• Food Assistance</li> <li>• Financial Assistance</li> </ul> <p><b>For Food Assistance, bring your ID.</b></p> <p><b>For Financial Assistance, bring with you:</b></p> <ul style="list-style-type: none"> <li>▪ Photo ID</li> <li>▪ Bills you need assistance with or rent notice</li> <li>▪ Proof of income (pay stub or tax form)</li> </ul>



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Formula Supplies	<a href="#">Insurance Covered Formula</a>	(888) 510-5100	Baby formula shipped to your home, covered by insurance. Accepts a wide variety of insurance plans.
NICU Baby Supplies	<a href="#">Lily's Hope Foundation</a>	(267) 776-HOPE <a href="#">Email</a>	<ul style="list-style-type: none"> <li>• NICU hospital package</li> <li>• Discharge transition to home package</li> <li>• Sibling package</li> </ul> <p>Request support via the website form.</p>
Paternity Establishment	<a href="#">Virginia Paternity Establishment Program</a>	(866) 398-4841 <a href="#">Email</a>	Unmarried parents can sign a Voluntary Acknowledgement of Paternity at the hospital prior to discharge to have the father's name included on the birth certificate. Both parents must provide a photo ID and sign in the presence of a Notary. This is free if it is done at the hospital. After 7 days from the child's birth, there is a \$10 fee for amending the birth certificate to include the father's name in addition to a \$12 fee for the new certificate.
Pregnancy Center	<a href="#">ABBA Care</a>	(540) 665-9660  Hours: Mon-Thurs 10am-5pm Friday 10am-2pm	<ul style="list-style-type: none"> <li>• Pregnancy testing</li> <li>• Ultrasounds</li> <li>• STI/STD testing</li> <li>• Men's support</li> <li>• After abortion support</li> </ul>
Pregnancy Center	<a href="#">Front Royal Pregnancy Center</a>	(540) 635-6181 <a href="#">Email</a>  Hours: Monday 1pm-6pm Wednesday 11am-7pm Friday 1pm-6pm	<ul style="list-style-type: none"> <li>• Pregnancy testing</li> <li>• Ultrasounds</li> <li>• Supplies assistance</li> <li>• Parenting education</li> <li>• After abortion support</li> </ul>
Pregnancy Center	<a href="#">Shenandoah County Pregnancy Center</a>	28 Cedar Wood Ln Edinburg, VA (540) 984-4673 <a href="#">Email</a>  Hours: Tuesday 12-8pm Wednesday 12-4pm Thursday 10am-6pm Friday 12-4pm	<ul style="list-style-type: none"> <li>• Pregnancy care</li> <li>• Parenting and relationship classes</li> <li>• Baby supplies</li> <li>• Community program resources</li> <li>• Referrals for government assistance</li> </ul>