

Emergency Mental Health Crisis Services

Service	Name	Contact/Hours	Details
Crisis Phone Line	National Suicide Prevention Hotline	(800)273-8255	Speak with a live person any time, day or night, during a crisis.
Crisis Text Service	National Crisis Text Line	Text "home" to 741-741	Text confidentially with a live person any time, day or night, during a crisis.
Crisis Phone Line	Northwestern Community Services Crisis Line	(540)635-4804	Local crisis line available day or night to talk to a live person.

Non-Emergency Mental Health Services

Service	Name	Contact/Hours	Details
Community Services Board *Same Day intakes for Mental Health and Substance Use *By Appointment Mental Health and Substance Use services	Northwestern Community Services	158 Front Royal Pike Winchester, VA 22602 (540) 667-8888 Appointments Mon-Fri 9am-5pm Same Day Access: Walk-in hours for mental health or substance use services <i>Adults-</i> Tuesdays and Wednesdays 8:30am-11:30am at the Winchester Clinic (158 Front Royal Pike, Suite 200) <i>Children-</i> Mondays 9am-12pm at the Braddock St. Clinic (214 S. Braddock St.)	Northwestern Community Services offers: <ul style="list-style-type: none"> • Outpatient Services • Case Management • Day support • Residential Programs • Emergency Programs • 24-hour Emergency Evaluation • Short-term Treatment • Hospital Referrals For people experiencing mental health or substance use difficulties. For Same Day Access, Bring These With You: <ul style="list-style-type: none"> • Virginia Picture ID • Social Security Card • Insurance Card or Proof of Income • Current List of Medications • Current Provider information • Legal Guardian Documentation
Community Services therapy and psychiatry appointments	Winchester Community Mental Health Center	36 Ricketts Dr. Winchester, VA 22601 (540) 535-1112 Mon-Thurs 9am-7pm Friday 9am-5pm	Multiple mental health services in one office for all ages. Accepts Medicaid, Private insurance, or self-pay.
Mental Health Counseling for all ages	Heidi Ivey, LPC	47 W. Jubal Early Dr. Winchester, VA 22601 (540) 773-2220	Accepts Medicaid and private insurance. Call to make an appointment.

Service	Name	Contact/Hours	Details
Mental Health Counseling for Individuals, Couples, and Families	Center for Counseling and Growth	333 W. Cork St. Ground floor, St. 35 Winchester, VA 22601 (540) 431-5909 email Mon-Fri 10am-6pm	Accepts Medicaid, private insurance, and self-pay.
Mental Health Counseling & Medication Management	Sinclair Health Clinic	301 N. Cameron St. Winchester, VA 22601 (540) 536-1680 <u>Patient Enrollment:</u> Monday – Thursday 9:00 am – 4:00 pm (walk-in) <u>Medical Hours:</u> Mon, Wed, Thu, Fri 9:00 am – 5:00 pm Tue: 9 am – 7:30 pm	Provides mental health counseling and medication management to people who are uninsured or have Medicaid and meet income requirements. Must provide proof of income (paystub, award letter for unemployment or other benefits, etc.). Fee is \$5 per visit for uninsured.
Mental Health Medications	Pharmacy at Sinclair Health Clinic	301 N. Cameron St. Winchester, VA 22601 (540) 536-1680 Mon, Wed, Thu 9:00 am – 4:00 pm Tue: 9 am – 7 pm Fri: 9 am – 1 pm	Medications on their Community Formulary list are available at a low cost (\$4-\$24) to the entire community. Includes medications for mental health. You do NOT need to be a clinic patient to use the pharmacy. Staff can check your eligibility for special medication assistance programs and medication discount cards.
Community Based Counseling Outpatient Counseling Substance Use Services	National Counseling Group	817 Cedar Creek Grade Suite 202 Winchester, VA (540) 450-2734	<ul style="list-style-type: none"> • Child and Family Services • Life Skills Services • Outpatient Counseling Services • Adult Support Services • Substance Use Services
Mental Health Counseling Services	Crossroads Counseling Center	174 Costello Dr. Winchester, VA 22602 (540) 662-7007	Takes some private insurance, call to verify your particular coverage and make appointments.

To Look up specific counselors in your area by criteria, visit: [Psychology Today- Find A Therapist](#)